



October Dining
Meeting with Jarvis
Monday, October
28th
2:00 PM
Turner Hall

October 2024
Resident Council
Weeting
Wednesday,
October 30th
3:00 PM
Turner Hall



Age Magnificently



Our Community Newsletter





Greetings Friends & Family!

It is my pleasure to announce that with this past Summer's active fundraising efforts, Hamilton Houe Senior Living Community was able to raise over \$5,000 for the Alzheimer's Association and their continued mission to end Alzheimer's Disease. I am so honored to be a part of this incredible community.

The fact is, we couldn't have raised that amount of money without the love and support of our community members, family members, friends, and hard working team members, here at Hamilton House. The dedication put forth by the entire community was awe-inspiring to be a part of.

I know it sounds cliche, but team work truly does make the dream work! I look forward to many more advetures with you all.

Sincerely,

Mitchell Martenson

BIRTHDAYS:

COMMUNITY MEMBERS:

10/1 Diane E. 10/11 Martha S. 10/26 Tommy S.

10/10 John D. 10/19 Jerry D.

10/14 Mary W. 10/20 Maxine F.

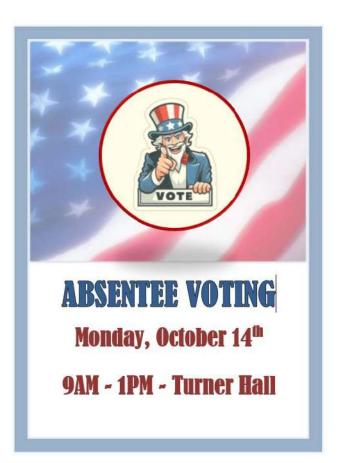
10/18 Joe L. 10/24 Pat. D.

TEAM MEMBERS:

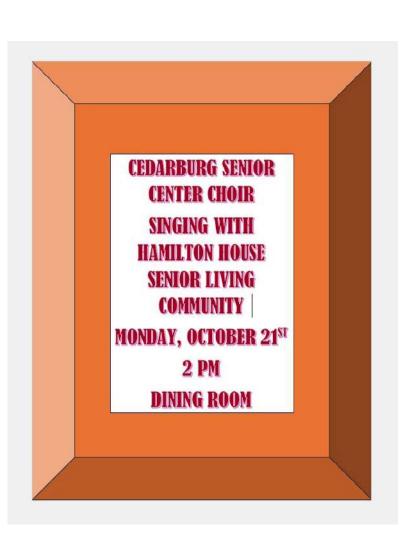
10/22 Darnisha w.

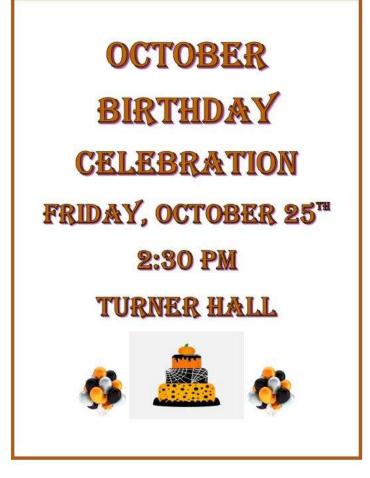
10/28 Tylin W.

10/31 Shirley K.









Spiritual Life Updates

Plan in a Can Presentation By: Chaplain Peter Peregrine

Peter will be discussing with our community members the importance of having one's affairs in order. It is such an important, yet difficult topic to think about. However, as uncomfortable as it is to talk about, it can ultimately bring a sense of calm and relief to individuals and their loved ones. Peter's experience as a chaplain has prepared him to have the conversation and put people at ease. We look forward to hearing what he has to say.

Plan in a Can Presentation: Friday, October 4th 1 PM - Wellness Room





Page3

Community Updates

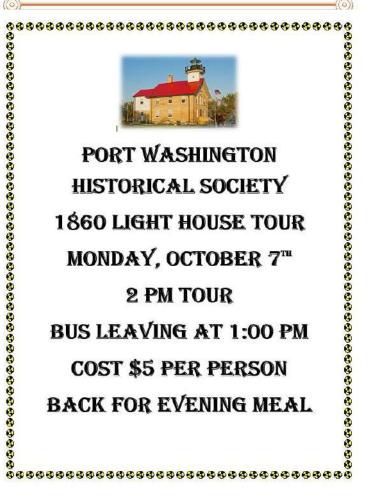








FALL COLOR RIDE & OUTING TO HOLY HILL BASILICA WEDNESDAY, OCTOBER 2nd 1:15 PM Sign Up at Front Desk





Week	Deep Dive	Competition	RBS
Scrimmage	10/8	10/9 Whizzer	No RBS
Week 1	10/15	10/16 Arm Crank	10/18
Week 2	10/22	10/23 Leg Crank	10/25
Week 3	10/29	10/30 Grip Games	11/1
Week 4	11/5	11/6 Whizzer	11/8
Week 5	11/12	11/13 Arm Crank	11/15
Week 6	11/19	11/20 Leg Crank	11/22
Thanksgiving Week	No Deep Dive	No Competition	No RBS
Week 7	12/3	12/4 Grip Games	12/6

Final 4	World Championship	
12/10	12/12	
Whizzer	Arm Crank	

Join us for the 2024 Spark Challenge!!!



will be the competition day. Each team will complete a Physical Test and a Quiz. Ask your Community Life

SIGN-UP TODAY - You can volunteer for any of the following

Timer: Time the team's match

Sign Holder: You will be in charge of changing your sign from Test to Quiz to communicate to the opposing team that you are now on the quiz portion of the

The season is set to begin:

10/8 - Rule book review (Team Meeting)

10/9 - Scrimmage

10/15 - Regular season will start

Deep Dive: 10/8

Really Big Show: 10/11 Reading: Rule Book Physical Test: Whizzer

Deep Dive: 10/15

Really Big Show: 10/18 ging Magnificently: 1-57 Physical Test: Arm Crank

Deep Dive: 10/22 Really Big Show: 10/25 58-156

Physical Test: Leg Crank

Deep Dive: 10/29 Really Big Show: 11/1 Deep Dive: 11/5

Really Big Show: 11/8

MESH: 1-92

Physical Test: Whizzer

Deep Dive: 11/12 Competition: 11/13 Really Big Show: 11/15 MESH: 93-228 hysical Test: Arm Crank

Week 6

Better Together: 1-138 Physical Test: Leg Crank

Week 7 Deep Dive: 12/3

Competition: 12/4 Really Big Show: 12/6 Better Together: 139-249 Physical Test: Grip Game

Final 4

Competition:12/10 Physical Test: Whizzer Review of all material hysical Test: Arm Cran Review of all material

