

# November 2024 - Senior Living

| Sunday  | Monday   | Tuesday  | Wednesday   | Thursday  | Friday  | Saturday  |
|---|--|--|---|---|---|---|
|   |  |  |   |   |   |   |
|   | Happy Birthday to<br>11/8 Agnes Duesing<br>11/17 Ron Anzia<br>11/22 Frances Clancy<br>11/23 Eileen Stanislawski<br>11/25 Thomas Ogden<br>11/29 TERI FREDRICH   |  |   |   | Ind Strolls/Fitness Station Equip. [WR] <b>1</b><br>10:15 Fitness with Richard! [WR]<br>1:00 Really Big Show [WR]<br>2:30 Parlor Games [SD]<br>2:30 B.Y.O Cocktails & Parlor Games [SD]           | Ind Strolls/Fitness Station Equip. [WR] <b>2</b><br>6:00 Puzzle Sheets<br>6:00 Daily Chronicles Avail<br>11:00 Test Practice [TH]<br>3:00 Luth. Service                       |
| Ind Strolls/Fitness Station Equip. [WR] <b>3</b><br>6:00 Daily Chronicles Avail.<br>6:00 Word Puzzle Sheets<br>10:00 Catholic Communion<br>10:15 Fitness with Richard! [WR] | Ind Strolls/Fitness Station Equip. [WR] <b>4</b><br>Daily Chronicles Avail<br>10:15 Fitness with Richard! [WR]<br>2:00 Matinee: Murder on the Orient Express<br>6:00 Lifespark Quiz Study Session [TH] | Election Day<br>Ind Strolls/Fitness Station Equip. [WR] <b>5</b><br>10:15 Fitness with Richard! [WR]<br>1:00 Spark Quiz Show Deep Dive [WR]<br>4:00 Dominoes [GR]<br>6:30 Election Poll Viewing [TH] | Daily Chronicles Avail<br>Ind Strolls/Fitness Station Equip. [WR] <b>6</b><br>10:15 Fitness with Richard! [WR]<br>1:00 Spark Quiz Challenge [WR]<br>2:00 Rosary<br>5:45 Sheepshead [GR] | Daily Chronicles Avail<br>Ind Strolls/Fitness Station Equip. [WR] <b>7</b><br>10:15 Fitness with Richard! [WR]<br>2:00 Virtual Program: Eleanor Roosevelt<br>4:00 BINGO With Ron [TH] | Daily Chronicles Avail<br>Ind Strolls/Fitness Station Equip. [WR] <b>8</b><br>1:00 Really Big Show [WR]<br>2:30 Char Fiori Performance [DR]<br>4:00 Chats Around Fireplace                        | Ind Strolls/Fitness Station Equip. [WR] <b>9</b><br>6:00 Puzzle Sheets<br>6:00 Daily Chronicles Avail<br>11:00 Test Practice [TH]<br>1:00 Piano Recital<br>3:00 Luth. Service |
| Ind Strolls/Fitness Station Equip. [WR] <b>10</b><br>6:00 Daily Chronicles Avail.<br>6:00 Word Puzzle Sheets<br>10:00 Catholic Communion<br>2:00 Lighthouse Doc.            | Veterans Day<br>Ind Strolls/Fitness Station Equip. [WR] <b>11</b><br>10:15 Fitness with Richard! [WR]<br>3:00 Chats with Vets [SD]<br>6:00 Lifespark Quiz Study Session [TH]                           | Ind Strolls/Fitness Station Equip. [WR] <b>12</b><br>10:15 Fitness [WR]<br>1:00 Spark Quiz Show Deep Dive [WR]<br>2:30 Walgreens Shopping Trip<br>4:00 BINGO with Audrey                             | Ind Strolls/Fitness Station Equip. [WR] <b>13</b><br>1:00 Spark Quiz Challenge [WR]<br>2:00 Rosary<br>5:15 Almost, Maine! Play-CDBG PAC<br>5:45 Sheepshead [GR]                         | Ind Strolls/Fitness Station Equip. [WR] <b>14</b><br>10:15 Fitness [WR]<br>11:00 Bible Study<br>2:00 Piggly Wiggly Outing<br>4:00 BINGO With Ron [TH]                                 | Ind Strolls/Fitness Station Equip. [WR] <b>15</b><br>10:15 Fitness [WR]<br>1:00 Really Big Show [WR]<br>2:30 Drinks & Trumpet Duo [DR]<br>4:00 Veterans Military Branch Recognition Ceremony [DR] | Ind Strolls/Fitness Station Equip. [WR] <b>16</b><br>6:00 Puzzle Sheets<br>6:00 Daily Chronicles Avail<br>11:00 Test Practice [TH]<br>3:00 Luth. Service                      |
| Ind Strolls/Fitness Station Equip. [WR] <b>17</b><br>6:00 Daily Chronicles Avail.<br>6:00 Word Puzzle Sheets<br>10:00 Catholic Communion                                    | Ind Strolls/Fitness Station Equip. [WR] <b>18</b><br>10:15 Fitness [WR]<br>1:30 Round Robin Pumpkin Baking [TH]<br>6:00 Lifespark Quiz Study Session [TH]  | Ind Strolls/Fitness Station Equip. [WR] <b>19</b><br>10:15 Fitness [WR]<br>1:00 Spark Quiz Show Deep Dive [WR]<br>2:30 Sendiks Grafton Trip<br>4:00 BINGO w/Ruth [TH]                                | Ind Strolls/Fitness Station Equip. [WR] <b>20</b><br>10:15 Fitness [WR]<br>1:00 Spark Quiz Challenge [WR]<br>2:00 Rosary<br>5:30 Res. Council [TH]<br>5:45 Sheepshead [GR]              | Ind Strolls/Fitness Station Equip. [WR] <b>21</b><br>10:00 Piggly Wiggly Outing<br>2:00 Great Pumpkin Bake Off [SD]<br>4:00 BINGO With Ron [TH]                                       | Ind Strolls/Fitness Station Equip. [WR] <b>22</b><br>10:15 Fitness [WR]<br>1:00 Spark! Really Big Show [WR]<br>2:00 Gather the Family Favorites By: David HB Drake [TH]                           | Ind Strolls/Fitness Station Equip. [WR] <b>23</b><br>6:00 Daily Chronicles Avail<br>11:00 Test Practice [TH]<br>12:45 The Little Mermaid Play-Pt.Wash.<br>3:00 Luth. Service  |

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|--|---|--|--|---|---|--|
| <b>Ind Strolls/Fitness Station Equip. [WR] 24</b><br>6:00 Daily Chronicles Avail.<br>6:00 Word Puzzle Sheets<br>10:00 Catholic Communion | <b>Ind Strolls/Fitness Station Equip. [WR] 25</b><br>10:15 Fitness [WR]<br>2:00 Nov Dining Mtg [TH]<br>6:00 Lifespark Quiz Study Session [TH] | <b>Ind Strolls/Fitness Station Equip. [WR] 26</b><br>10:15 Fitness [WR]<br>1:00 Spark Quiz Show Deep Dive [WR]<br>2:30 Walgreens Outing<br>3:00 Catholic Mass [TH] | <b>Ind Strolls/Fitness Station Equip. [WR] 27</b><br>10:15 Fitness [WR]<br>1:00 Spark Quiz Challenge [WR]<br>2:00 Rosary<br>5:45 Sheepshead [GR] | <b>Thanksgiving Day 28</b><br><b>Ind Strolls/Fitness Station Equip. [WR]</b><br>10:15 Fitness [WR]<br>2:00 Piggly Wiggly Outing<br>4:00 BINGO With Ron [TH] | <b>Day after Thanksgiving 29</b><br><b>Day</b><br><b>Ind Strolls/Fitness Station Equip. [WR]</b><br>9:30 Combined Nov BDay Celebration [DR]<br>10:15 Fitness [WR]<br>3:00 Singing with Loriann [DR] | <b>Ind Strolls/Fitness Station Equip. [WR] 30</b><br>6:00 Puzzle Sheets<br>6:00 Daily Chronicles Avail<br>11:00 Test Practice [TH]<br>3:00 Luth. Service |