



Hamilton House  
SENIOR LIVING  
A Lifespark™ Community

*Age Magnificently*



## Our Community Newsletter

*Discover what's going on in our community.*





**Greetings Hamilton House Family & Friends!**

**Happy February!** February is such an interesting month. Firstly, it's the shortest month, almost the coldest month, and the quirkiest month due, in part, to the celebratory annual awakening of the most famous Marmots of all-time – Groundhogs! Not to take away from the cuddliest day of the year – Valentine's Day! It is a very patriotic month as well, when we honor the birthdays of, arguably, two of the most famous presidents of the United States of America – George Washington, and Abraham Lincoln.

Historically, it is a very important month, when we recognize and honor the many achievements of African Americans in the history of our nation – during Black History Month. That is why February's virtual education program (Bright Life) is so appropriately titled "Homesteading for Freedom". This is an opportunity for our community members to be actively engaged in learning about the Homestead Act of 1862, and how it enabled 3,400 Black farmers to build homes, form communities, and the chance to pursue freedom and prosperity.

The format of this Bright Life program will involve real-time question & answer surveys, and the chance to learn from historians at the Homestead National Historical Park. It is such an innovative program that taps into the collective minds of our community members and allows them to be an integral part of the learning process. It is especially important, as our February monthly Community Life theme is "Lifelong Learning". We invite you to join us here at Hamilton House Senior Living, on Thursday, February 6<sup>th</sup> at 2 PM, in our Theatre.

**Come and learn with us!**

Sincerely,

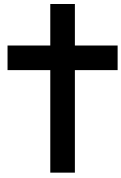
Mitchell Martenson

## Employee Spotlight:



### Hamilton House Senior Living Community Marketing Director Katie Howell

Katie Howell is the Sales and Marketing Director here at Hamilton House, where she has been making a positive impact for the past year and a half. With nearly a decade of experience in various roles within the senior living industry, Katie brings a wealth of knowledge and passion to her work. She was thrilled to join Hamilton House and continues to love helping people find their home. Outside of work, Katie enjoys spending quality time with her loved ones, her dog Otis, and exploring new destinations through travel.



# Chaplain's Corner

FEBRUARY

*My life has been the poem I would have writ; But I could not both live and utter it.*

-Henry David Thoreau

We have come around again to the month of valentines and hearts, flowers and chocolates and sentimental sayings. We share words of love with others, and perhaps we also feel grief when remembering those loves we've lost. This year, consider offering some words of love to yourself. If your life, like Thoreau's were a poem, what words would it include? What parts of you would it celebrate? Have you persevered through a challenge? Survived a heartbreak? Risen to a challenge? What words would you use to describe what is most lovable about you? How would you put into words the arc of your life? Poems don't have to rhyme, and they don't even have to be long. Try writing a short love poem to yourself this month. And if you're feeling brave, find someone to share it with! Love grows when we share it with others.

## Hamilton House Spiritual & Religious Services:

**BIBLE STUDY**  
*Brought to you by Scott Wylor*  
*Spiritual Coordinator*  
 2<sup>nd</sup> & 4<sup>th</sup> Thursday of Month  
 11 AM Theatre

Lily logo

**ROSARY**  
**FRIDAYS**  
**11 AM**  
**THEATRE**

**Lutherans Services  
 With Pastor Rohrback  
 Saturdays - 3 PM - Theatre**

**Catholic Communion  
 Service  
 Sundays - 10 AM - Theatre**



# HAPPY BIRTHDAY!



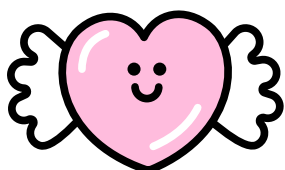
HAPPY BIRTHDAY

## Resident Birthdays

2/3	Norm C	2/20	Grant G.
2/8	Bob K.	2/20	Nancy M.
2/9	Lorrain H.	<b>new text</b>	
2/11	Antonio L.	2/26	Mariann D.

## Team Member Birthdays

2/21	Aletha
2/23	Deashia



WE ARE STRONGER TOGETHER



**TUESDAYS: WALKING**  
**“WHIZZER” COMPETITIONS**  
 HELD IN LEGACY COURT – 1  
 PM

**THURSDAYS: LEG & ARM**  
**CRANK COMPETITIONS**  
 HELD IN WELLNESS ROOM –  
 1 PM

**GROUNDHOG DAY MOVIE**  
**MATINEE!**

**COME WATCH THE HILARIOUS,**  
**EXISTENTIAL COMEDY – STARRING BILL**  
**MURRAY & ANDIE MacDowell & THE**  
**WORLD’S MOST FAMOUS GROUNDHOG -**  
**PUNXSUTAWNEY PHIL!**



**SUNDAY, FEBRUARY 2<sup>nd</sup>**  
**2 PM - THEATRE**

**VOTE**

**CEDARBURG VOTING**  
**DEPUTIES HERE FOR 2<sup>nd</sup>**  
**VISIT**

**ABSENTEE VOTING –**  
**SPRING PRIMARIES**  
**MONDAY, FEBRUARY 3<sup>RD</sup>**  
**9:15 AM**  
**TURNER HALL**

Bright Life Virtual Programs Presents

African American  
**Homesteaders in the**  
**Great Plains**



Featuring Speakers from Homestead  
 National Historical Park  
**Thursday, February 6<sup>th</sup>**  
**2 PM**  
 Theatre



# COCKTAILS



Musical Performance By:

**Carrie & Mark**

**Friday, February 7<sup>th</sup>**

**2 PM**

**~ Dining Room ~**



## Making Puppy Chow Treat for the Cedarburg Fire Department

**Wednesday, February 12<sup>th</sup>**

**1:30 PM**

**Turner Hall**

Cedarburg High School  
presents  
Rodgers & Hammerstein's  
*Cinderella*  
Music by Richard Rodgers  
Lyrics by Oscar Hammerstein II  
New Book by Douglas Carter Beane  
Original Book by Oscar Hammerstein II  
Orchestrations by Danny Troob  
Music Adaptation & Arrangements by David Chase



**FREE SENIOR CITIZEN PREVIEW NIGHT**

**Wednesday, February 12**

Seating begins 5:30 pm; Showtime 6 pm.

Handicap seating available at the CPAC.

No tickets or reservations required.

CINDERELLA is presented by arrangement with General Theatre in behalf of The Rodgers & Hammerstein Organization. www.rodgershammerstein.com



**LET'S CELEBRATE THE SWEETEST DAY  
OF THE YEAR IN A BIG WAY!**

**WE WILL ENJOY SOME LOVE-LY  
TREATS & "LOVE POTION**

**NUMBER 9"**

**AS WE ENJOY A MUSICAL VALENTINE  
PROGRAM BY TALENTED MUSICIAN  
EUGENE GRUBER**

**This LOVE-LY CELEBRATION WILL BE  
HELD ON FRIDAY, FEBRUARY 14<sup>th</sup>**

**2 PM**

**DINING ROOM**



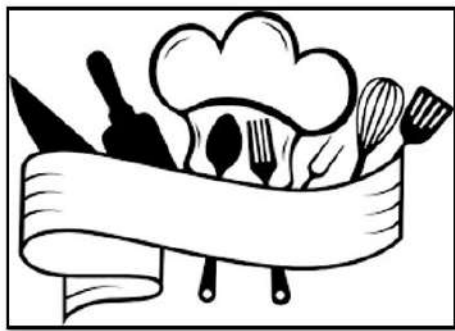




PLEASE JOIN US TO PLAY  
**BINGO AT THE CEDARBURG  
 SENIOR CENTER ON MONDAY,  
 FEBRUARY 17th**  
 THE HAMILTON HOUSE BUS  
 WILL LEAVE AT 12:20 PM  
 SIGN UP FOR THIS FUN BINGO  
 ADVENTURE AT THE FRONT  
 DESK!




**FEBRUARY 2025  
 RESIDENT COUNCIL  
 MEETING  
 WEDNESDAY,  
 FEBRUARY 19th  
 3 PM - TURNER HALL**



**FEBRUARY**  
**Dining Meeting**  
**with JARVIS**  
**Monday, January 24th**  
**2:00 PM ~ Turner Hall**




**CATHOLIC MASS WITH  
 PRIEST-ST. BORGIA**  
**TUESDAY, FEBRUARY 25th**  
**3 PM**  
**TURNER HALL**



**DAVE EHLERT**  
**"SAMUEL CLEMONS"**  
 Mark Twain 100 years Later

"I don't exaggerate, I just remember big." *90 minutes of History & Humor*  
*"The only sure things are Death and Taxes... But at least Death doesn't get worse every year!"*




Twain's Life Story wound around all his famous quotes with a strong emphasis on the importance of Literacy. *"One who can read but won't has no Advantage over one who can't!"*


**JOIN US ON WEDNESDAY,**  
**FEBRUARY 26TH**  
**2:00 PM – TURNER HALL**  
**LIGHT SNACKS & BEVERAGES**



**MUSICAL HAPPY HOUR**  
**WITH MUSIC BY:**  
**WHITNEY ROSE**  
**FRIDAY, FEBRUARY 28<sup>TH</sup>**  
**2:30 PM**  
**DINING ROOM**

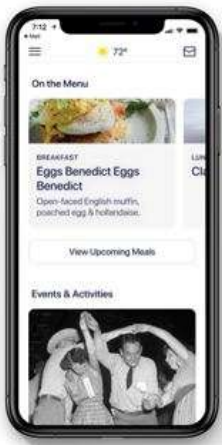



**Hamilton House**  
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Download the new mobile app for Hamilton House Senior Living



- View upcoming activities and events
- See what's on the menu each day
- Access common resources
- View and share community photos
- Receive emergency alerts & updates
- Check the local weather in Cedarburg, WI



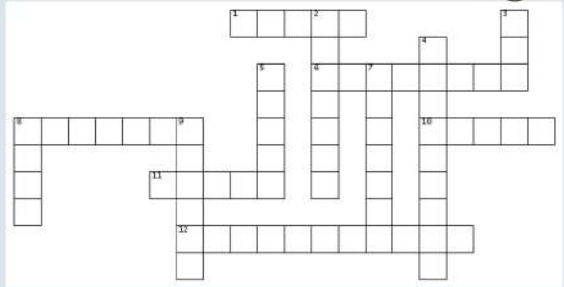
Access Quiltt for iOS, Android, and desktop

<https://get.quiltt.com/org/UXKLW>

Enter code UXKLW after opening the Quiltt app for the first time.

# Emotions



**ACROSS**

1. Feeling weary because one is unoccupied or lacks interest
6. Unable to understand or think clearly
8. Eager to know or learn something
10. Feeling deep pleasure or satisfaction as a result of one's achievements
11. Feeling or showing pleasure or contentment
12. To feel ashamed or self-conscious

**DOWN**

2. Feeling or showing enthusiasm or eagerness
3. Feeling or showing sorrow
4. To cause someone to feel shock or astonishment
5. Feeling or showing strong annoyance or hostility
7. Feeling or showing anxiety or fear
8. Not showing or feeling nervousness or agitation
9. To feel frightened or apprehensive