



Hamilton House
SENIOR LIVING
A Lifespark™ Community

Age Magnificently



**THE OFFICIAL
SPARK CHALLENGE
BEGINS
TUESDAY
OCTOBER 14th !!**



**Tuesdays &
Wednesdays
at 1 PM**

**LAST CHANCE
TO DONATE
to the **Walk to End Alz**
Team Hamilton House**





Greetings friends and family,

Autumn is one of the most beautiful times of year in Cedarburg, and October brings crisp air, colorful leaves, and plenty of seasonal charm. Our community and the surrounding town come alive with fall activities – from pumpkin patches and apple orchards to cozy downtown shops decorated for the season.

Here at Hamilton House Senior Living Community, we'll be celebrating the month with festive gatherings, seasonal crafts, and special treats that highlight the flavors of fall. It's the perfect time to enjoy a warm cup of cider, take in the scenery on a bus ride, or share stories with friends around the fireplace, as the days grow colder.

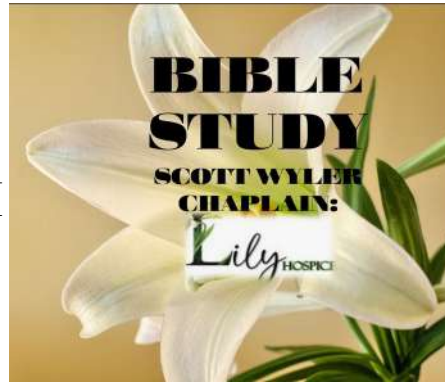
Whether you are looking forward to the fall colors, a favorite autumn tradition, or simply a chance to relax with neighbors, October is sure to be a month filled with warmth and community spirit.

Have a look at our upcoming community events here at Hamilton House Senior Living Community, and feel free to stop by and say "Hello". We would love to see you.

Sincerely,

Mitchell Martenson

**BIBLE STUDY
WITH CHAPLAIN SCOTT
WYLER
2ND & 4TH THURSDAY EACH
MONTH
1 PM - TURNER HALL**






**Lutheran Service
with Pastor
Rohrback
Saturday
Afternoons
3 PM
Theatre**


OCTOBER

"If your compassion does not include yourself, it is incomplete." – Jack Kornfield

You may have heard the phrase, "I am my own worst critic." Do you find that to be true about yourself? Do you struggle to find compassion for yourself, even in situations where you would easily take compassion on someone else? To have compassion for ourselves, we must be able to recognize our own humanity and love ourselves, flaws and all. We must trust in our belovedness, even when we don't always feel it. When we share community together, we can help by showing compassion to one another, reminding each person, including ourselves, that we belong here. We belong together. We are strong, we have purpose, and we belong. May you experience compassion today, both inward and outward.


**ROSARY
FRIDAY AFTERNOON
4 PM
PRIVATE DINING ROOM
(1st Floor)**


*Catholic Communion
Service
Sunday Mornings
10 AM
Theatre*


**Catholic Mass with St.
Francis Borgia Priest
4th Tuesday Each Month
3 PM - Turner Hall**

HAPPY BIRTHDAY!



HAPPY BIRTHDAY

Community Members

10/1 Diane E.

10/3 Ellie L.

10/3 Bernice H.

10/10 John D.

10/11 Marth S.

10/14 Mary W.

10/18 Les Burlew

10/18 Joe L.

10/22 Donna T.

10/24 Pat D.

10/26 Tommy S.

10/27 Wayne F.

10/30 Lenora B.

Teammembers:

10/1 Lynn K.

10/3 Sarah B.

10/22 Zendora S.

10/24 Anastasia R.

10/28 Faye S.

10/31 Shirely K.



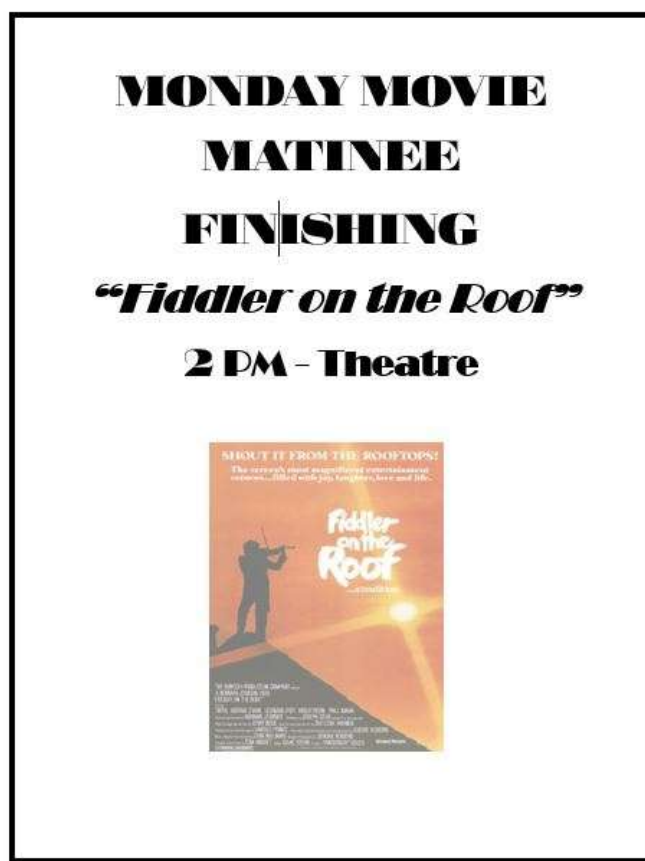
TEAM MEMBER SPOTLIGHT

My name is Jarvis Campbell. I was born in Milwaukee, and today I call West Bend home, where life is always lively, thanks to my four silly and amazing children. My love for the culinary world began in the most humble way – as a dishwasher.

From there, I worked my way up, learning and growing in country clubs and hotels; with each experience teaching me something new about food, service, and people. Along the way, I discovered that the greatest joy in my work comes from connection. That's what led me to senior living, where cooking isn't just about meals – it's about creating comfort, sparking memories, and bringing a little extra joy to each day. For me, serving older adults isn't just a job; it's the most meaningful part of my journey.



Teammember Anniversaries





How it Works:

Again, this year the Spark Challenge teams will be multigenerational! Each team is encouraged to involve team members of all ages to help your team to victory. Each team will attend a Deep Dive session with Dr. Bill on Tuesdays at 1:00 PM. The Deep Dive is also known as Gold Level Senior Lifeguard Certification. The competition takes place on Wednesdays at 1:00PM and consists of two parts the Test and the Quiz. Each team will have 40 minutes to complete. Strategize how long your team wants to spend on the Physical Test leaving the remainder of the time to complete a Quiz. The Quiz will be a group open note quiz.

Sign up today! You can volunteer for any of the following roles:

- Challenge Team – Help answer Quiz questions or join the Physical Test Team or do both
- Timer – Time the Team's match
- Sign Holder – Hold the sign that indicates whether you are doing the Test or Quiz
- Cheer Squad – Help lead your team to victory by cheering loud and proud!

Teams can choose to add other roles to fit the talents of all team members!

The season is set to begin 10/7 with a Rule Book meeting, Scrimmage 10/8, and Regular season starts 10/15.

Learn more by speaking with _____



TEAM MEETING

&

DEEP DIVE

TUESDAY, OCTOBER 7th

1 PM

WELLNESS ROOM



SCRIMMAGE

MATCH

THURSDAY

OCTOBER 9th

1 PM

2nd Floor Common Area



Bus Outing to Cedarburg Cultural Center for Annual Exhibit Showcasing the Works of Members of the Cedarburg Artists Guild

FRIDAY, OCTOBER 10th

NO COST!

**Hamilton House Bus will
Bus Leaves at 2 PM.**

Back by 5 PM

Sign Up at Front Desk

what's HAPPENING



**ANNUAL FALL COLOR
RIDE TO:
Holy Hill - Basilica and
National Shrine of Mary
Help of Christians
Bus Leaves at 2 PM
Return By 5 PM**

**Please Bring Payment Method Along if
You Wish to Purchase Items at Gift Shop**



**PUMPKIN
CARVING 2025
WEDNESDAY
OCTOBER 22nd
1:30 PM
TURNER HALL**



JUKEBOX DAVE VARIETY SHOW!

**FRIDAY
OCTOBER 17th
3 PM
DINING ROOM**

**Cedarburg Public
Library Onsite Visit
Thursday, October
23rd**

**11 AM – 1st Floor
Common Area**

New Policy

**In Order to Check Out Library
Books, Individuals Must Fill
Out Library Membership Form**



SPECIAL EVENT

WILDLIFE PRESENTATION

PRESENTED BY PINE VIEW WILDLIFE REHABILITATION AND EDUCATION CENTER

Join us for a discussion on the wildlife of Wisconsin. We will delve into topics of conservation, biodiversity, and preservation of wildlife and resources. Expect to interact with some 'wild life' as well!



**HAMILTON HOUSE
SENIOR LIVING**

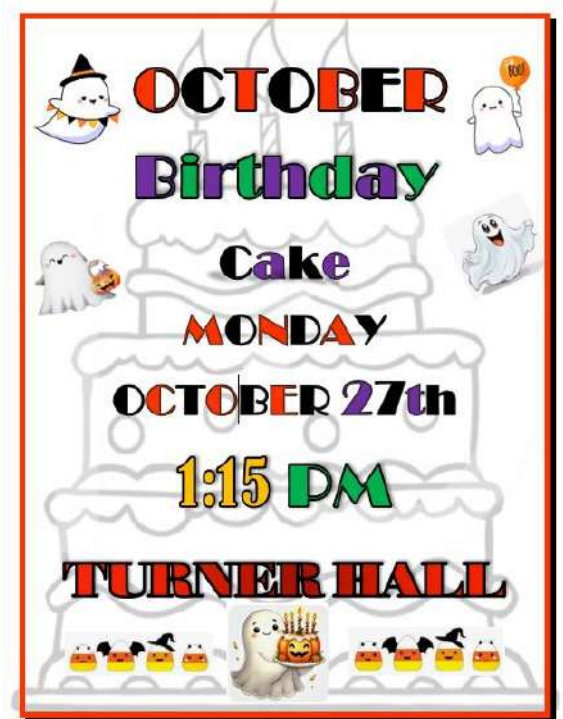
**W76 N629 WAUWATOSA
RD, CEDARBURG WI**

**OCTOBER 24TH AT
3PM**



Hamilton House
SENIOR LIVING
A Lifespark™ Community

**Open to the
Public!**




**DINING MEETING
WITH JARVIS
TODAY
MONDAY
October 27th
2 PM
TURNER HALL**



Scrimmage Week: Tuesday Deep Dive: Coach and Captain Meeting Wednesday Competition: Whizzer Friday: Q&A Session from Scrimmage Week	Week 1: Tuesday Deep Dive: How to Be a Lifeguard Wednesday Competition: Arm Crank Friday: Really Big Show	Week 2: Tuesday Deep Dive: The Heart of the Matter Wednesday Competition: Leg Crank Friday: Really Big Show	Week 3: Tuesday Deep Dive: Sepsis Symptoms Wednesday Competition: Whizzer Friday: Really Big Show
Week 4: Tuesday Deep Dive: Sticks and Stones Wednesday Competition: Arm Crank Friday: Really Big Show	Week 5: Tuesday Deep Dive: Sugar Sugar Wednesday Competition: Leg Crank Friday: Really Big Show	Week 6: Tuesday Deep Dive: COVID Wednesday Competition: Whizzer Friday: Really Big Show	Week 7: Tuesday Deep Dive: Mastering the 3 D's Wednesday Competition: Arm Crank Friday: Really Big Show

All of the items listed above start at 1:00 PM



Catholic Mass
Priest From St. Francis
Borgia Catholic Church
Tuesday, October 28th
3 PM
Turner Hall



October 2025
RESIDENT COUNCIL
MEETING
WEDNESDAY,
OCTOBER 29th
3 PM - TURNER HALL



HALLOWEEN
MUSICAL
PERFORMANCE
BY: CARRIE LABINSKI
FRIDAY, OCTOBER 31st
2:30 PM - Dining Room