



Hamilton House
SENIOR LIVING
A Lifespark™ Community

Age Magnificently



Our Community Newsletter

Discover what's going on in our community.

HOME IS WHERE THE HEART IS





Greetings Friends & Family,

Happy January 2026! As we step into a brand-new year, the Hamilton House Senior Living Community Life Department members strive to help you find new passions, strengthen friendships, and nourish your well-being. This month, we are thrilled to introduce new opportunities for you to get involved and stay active.

For the bibliophiles and storytellers among us, our new **Book Club** officially launches this month. Join us every **Monday afternoon** to dive into engaging narratives and share your perspectives with neighbors.

If you enjoy a bit of friendly competition, come and check out the **Cribbage Club**. Meeting every **Wednesday afternoon**, this group is open to seasoned players and those curious to learn the game. Go ahead, shuffle the deck, and enjoy an afternoon of strategy and laughter.

We also want to provide a gentle reminder about our **Living with Loss: Grief Support Group**. We meet on the **third Tuesday of each month at 5:45 PM**. This is a safe space to find comfort and community during life's transitions. You do not have to walk through your journey alone.

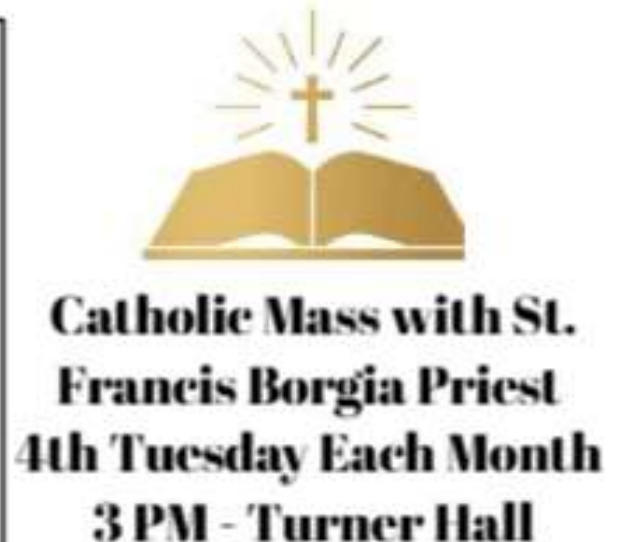
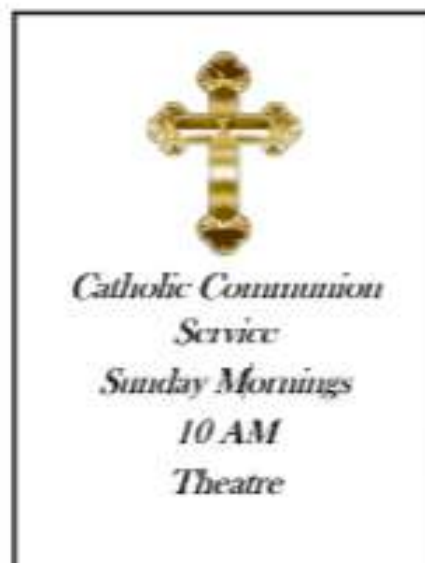
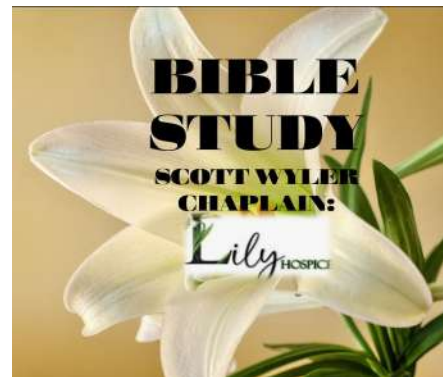
Community Life Director
Tory Brockdorf

Chaplain Corner

January

A new year can be a time of joy and celebration, as we look back on all that has been and look forward to what lies ahead. At the same time, we may find ourselves carrying heaviness as we reflect on feelings of loss, loneliness, or worry about the future. This is part of being human – experiencing complicated and sometimes contradictory feelings. A wise person somewhere once said that when we share our joys we multiply them, and when we share our sorrows, we divide them. Living in community together affords us many opportunities to share our stories and memories, as well as to make new memories and build new stories together. In this new year, whatever has been and whatever will be, may you find companions among you who will receive your story. May you also be blessed as you receive the stories of others. May we find acceptance, affirmation, and belonging in community.

Bible Study with Chaplain Wyler 1st & 4th Thursdays Each Month 2 PM - Turner Hall





TEAMMEMBER SPOTLIGHT



Employee Spotlight: Sylvia Hernandez, Culinary Director

We are thrilled to spotlight our **Culinary Director, Sylvia Hernandez**, a resolute professional with over 25 years of experience in the culinary arts. Sylvia has dedicated her career to transforming senior living hospitality, turning every meal into a "daily highlight" rather than just a routine.

Sylvia is recognized for her "resident-first" philosophy, which she brings to life through her signature menu charts. These sessions ensure that every resident's voice is heard, allowing Sylvia to blend her classic culinary ability with a mission-driven approach to care. For Sylvia, the ultimate sign of success isn't just a perfectly plated dish, it's the smile on a resident's face when they taste a flavor that reminds them of home.

Get to know Sylvia:

- **A Seasoned Expert:** Sylvia brings two and a half decades of mission-driven leadership to our dining program.
- **The "Resident-First" Approach:** She prioritizes connection and feedback to ensure every meal is worth every bite.
- **Beyond the Kitchen:** In her spare time, Sylvia loves listening to 80's music and enjoys the thrill of action and drama movies.

We are so grateful for Sylvia's passion, leadership, and the dedication she puts in every plate!



HAPPY NEW YEAR!

2026

MOVIE MATINEE

THURSDAY

JANUARY 1st

JUDY



Starring: Renee Zellweger

2 PM ~ THEATRE

CHRISTMAS ON THE AVENUE EXHIBIT OUTING & STARBUCKS STOP AFTERWARD!

Cedarburg History Museum

FRIDAY JANUARY 2nd



Bus Leaving at 1:30

Step back in time this holiday season with Christmas on the Avenue at the Cedarburg History Museum. Experience the magic of window shopping through Cedarburg's past as we recreate festive storefront displays from beloved local businesses-some still here today, others fondly remembered. Stroll through a nostalgic celebration of Washington Avenue at Christmastime.

There is NO Fee for the Exhibit

Sign Up at Front Desk

JANUARY SHOPPING OUTINGS:

3:15 PM



Tuesday, Jan. 13th

Tuesday, Jan. 27th



Thursday, Jan. 8th

Thursday, Jan. 15th

Thursday, Jan. 22nd

Thursday, Jan. 29th



Tuesday, Jan. 6th

Tuesday, Jan. 20th

****SHOPPING TRIPS ARE SUBJECT TO
CHANGE AS NEEDED ****



**FUR VISITS WITH
ADDIE!**

WEDNESDAYS

JANUARY 14th

JANUARY 28th

4 PM

1st Floor Common Area



2026 TRY-Athlon

Your Team Needs You!

How it works

- The TRYathlon has three separate events, The Whizzer (Walking), Arm Crank (Swimming), and Leg Crank (Biking). Each team will have an allotted amount of time to log as many miles as they can in each of these events while competing against another team. The object of the TRYathlon is to log more miles combined than the opposing team. TRYathlon is a team effort with each team member contributing however they choose. This competition is relay style so all team members have an opportunity to contribute as much as they can. This event is open for all Elders living in the community.

When:

Scrimmage Week - 1/13 and 1/15 @ 1:00PM

TRY-Athlon is a 7-week regular season competition starting 1/20/2025 every Tuesday and Thursday.

- Tuesday at 1:00 PM - Whizzer Event 30 minutes
- Thursday at 1:00 PM - Arm and Leg Crank 20 minutes for each event.

Finals week - 3/17 & 3/19 @ 1:00PM

World Championship- 3/24 & 3/26 @ 1:00PM

Learn more by speaking with ANY OF THE HAMILTON HUSTLERS, Coach Tory or Assistant Coaches: Angela & Carrie - **DO THE HUSTLE**

BRAND NEW TO HAMILON HOUSE SENIOR LIVING COMMUNITY



HAMILTON HOUSE SENIOR LIVING BOOK CLUB



STARTING: JANUARY 2026
MONDAYS | 1:30 PM
THEATRE

JOIN THE FUN

Wednesday AFTERNOON CRIBBAGE!

Bring your cards and your best game!

Join us for fun and friendly competition
every Wednesday (except the last Wednesday
of each month)



2:00 PM – 4:00 PM

TURNER HALL



LIFE



VIRTUAL PROGRAM:

"A MOMENT IN TIME"
- REMINISCE WITH RELEVANCE
PRESENTED BY: PHOTAVIA

JAN 8TH AT 2PM

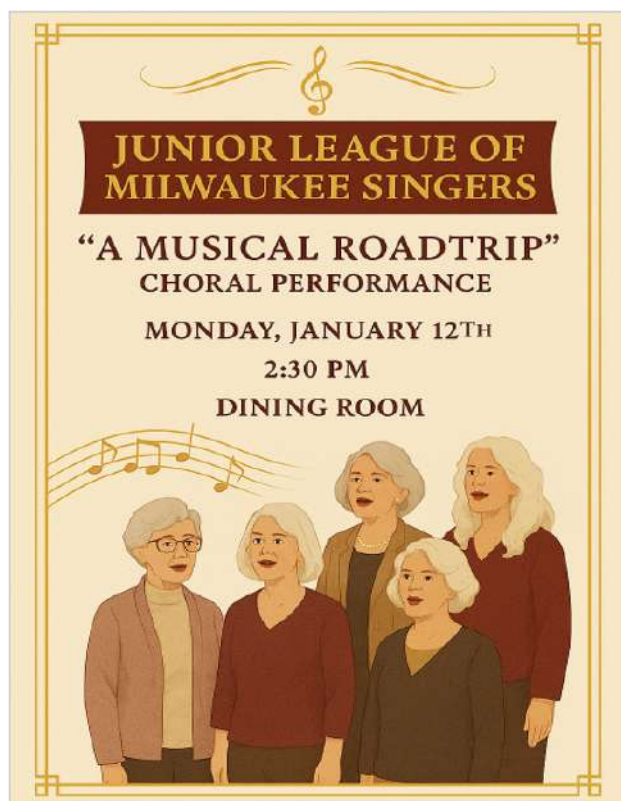
THURSDAY, JANUARY 8th
2 PM - THEATRE

LIVE PIANO & VOCAL PERFORMANCE



BY JAY ISAACSON
FRIDAY, JANUARY 9TH
3 PM
DINING ROOM

Choral Performance



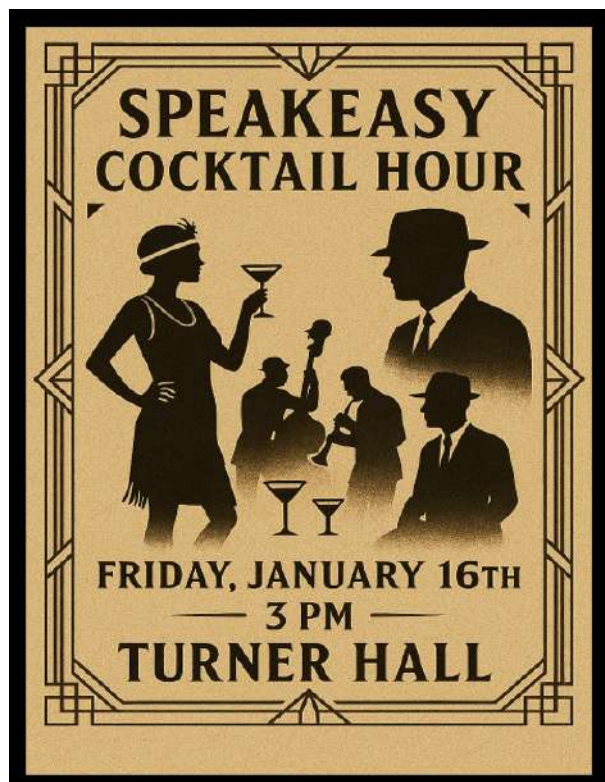
A ROARING
GOOD TIME!

MOVIE MATINEE

".. and all that jazz ! .."



*Whimsical Movie
Matinee*

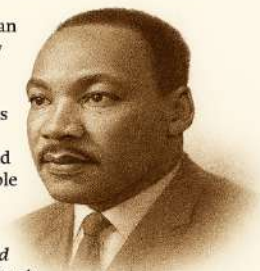


HISTORY

MARTIN LUTHER KING JR. DAY TRIVIA & DISCUSSION

About the man whose legacy is vast, enduring and continues to shape the modern world across multiple dimensions.

"Life's most persistent and urgent question is, 'What are you doing for others?'"



**MONDAY
JANUARY 19TH
TURNER HALL
3 PM**

Grief Support Group

grief

LIVING WITH LOSS

A monthly grief support group led by Lily Hospice Chaplain Scott Wyler, will offer a safe, understanding space to share memories, emotions, and encouragement with others who have experienced loss.

When: Every 3rd Tuesday of the month

Time: 5:45 PM

*Where: Hamilton House Senior Living
W76 N629 Wauwatosa Rd
Cedarburg, WI 53012*



MUSICAL COCKTAIL HOUR



CHRIS OKKERSE
MUSICAL PERFORMANCE

Friday, January 23rd

3 PM Dining Room

Join us for an afternoon of live music and great vibes!

COMMUNITY MEETINGS



**JANURAY DINING MEETING
WITH SYLVIA
MONDAY
JANUARY 26th
2 PM – TURNER HALL**

RESIDENT COUNCIL MEETING

**WEDNESDAY, JANUARY 28th
3:00 PM • TURNER HALL**



BOOK CLUB Monthly Theme Movie Matinee & Cocktails

HAPPY BIRTHDAY!

COMMUNITY MEMBERS

1/12 Marie K.
 1/14 Rodney V.
 1/14 Sheila N.
 1/15 James P.
 1/15 Audrey G.
 1/19 Luci D.
 1/27 Marion S.
 1/28 Ron C.
 1/28 Diane M.
 1/30 Connie F.
 1/31 Jane F.


BRAIN FUN!

Name: _____

HAPPY New Year!

Can you find the words in the word search below? They can be horizontal or vertical, and forward or backward.

B	U	X	J	P	F	S	K	R	O	W	E	R	I	F	Y	O	X	V
G	C	O	H	R	K	G	P	L	P	R	F	V	J	E	H	M	L	E
C	O	N	F	E	T	T	I	E	H	T	P	F	A	M	I	L	Y	J
M	U	R	A	S	G	B	E	R	S	F	L	L	N	N	A	O	M	P
C	N	F	R	O	H	A	B	O	V	O	G	D	U	Q	G	L	Q	A
H	T	C	L	L	N	L	J	C	K	R	V	B	A	O	R	Y	K	R
D	D	O	E	U	W	L	S	K	S	D	G	W	R	S	E	M	L	A
H	O	N	V	T	F	O	R	P	P	A	R	T	Y	B	F	P	B	D
Z	W	C	D	I	U	O	A	M	E	M	O	R	I	E	S	I	D	E
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B	S	U	H	N	Y	S	S	Y	N	D	T	H	G	I	N	D	I	M
Y	E	B	C	S	T	R	E	A	M	E	R	S	P	T	G	O	M	E
C	L	O	C	K	J	D	U	Q	F	E	S	T	I	V	E	I	Y	D



January	countdown	parade
clock	party	memories
family	confetti	fireworks
balloons	resolutions	midnight
festive		streamers

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